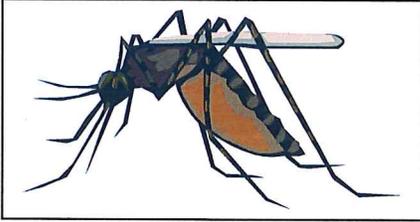


# **ANNOUNCEMENTS**

**9-22-14**



**Mosquito Activity**  
September 19, 2014

**MOSQUITOES ARE STILL IN THE AREA!**

The Middleborough Health Department is reminding everyone that mosquitoes are still out there and to take appropriate precautions. At this time of year the mosquitoes are a nuisance for sure but the risk increases for contracting West Nile and Equine Encephalitis from mosquitoes from now until the fall season hard frosts. The Health Dept. continues to work with Plymouth County Mosquito Control for surveillance and spraying. Requests may be made by calling 781-585-5450, or sending a fax to 781-582-1276.

***POSITIVE WNV and EEE MOSQUITO POOLS  
IDENTIFIED IN and AROUND  
THE TOWN OF MIDDLEBOROUGH***

*The most effective personal protection and first line of defense is to:*

**USE MOSQUITO REPELLENT!**

The Middleborough Health Dept. reminds everyone to follow the standard precautionary measures to protect yourself and your family from mosquitoes.

**Avoid Mosquito Bites**

- **Avoid Outdoor Activity During Peak Mosquito Hours.** The hours from dusk to dawn are peak mosquito biting times for many mosquitoes. Take extra care to use repellent and protective clothing during evening and early morning -- or consider avoiding outdoor activities during these times.
- **Clothing Can Help Reduce Mosquito Bites.** When possible, wear long-sleeves, long pants and socks when outdoors.
- **Apply Insect Repellent** -when you go outdoors. A wide variety of insect repellent products is available. The most effective repellents contain DEET (N,N-diethyl-m-toluamide), Picardin (KBR 3023) or Permethrin. Always follow the instructions on the product label. DEET can be used directly on skin and on clothing. Permethrin can be used on clothing but not directly on skin. Oil of lemon eucalyptus has also demonstrated efficacy against mosquito bites, with protection similar to repellents with low concentrations of DEET. DEET is considered safe when used according to the manufacturer's directions. Products containing DEET should not be used on children less than 2 months of age and should be used in concentrations of 30% or lower for older children and adults.